

2013 ASGO XXVIII

Annual Scientific Meeting
Darwin



PROGRAM BOOKLET

Venue

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Dates

3rd to 7th July 2013



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Lew Perrin
Piksi Singh
Amy Tang

Professional Conference Organiser: Mary Sparksman

SECRETARIAT

The registration desk will be open throughout the conference to answer any questions you may have.

Wednesday 12.00pm – 5.00pm
Thursday 7.45am – 4.00pm
Friday 8.00am – 2.15pm
Saturday 8.00am – 2.30pm

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INVITED INTERNATIONAL SPEAKER

William A. Cliby MD, Mayo Clinic

EXHIBITOR OPENING HOURS

Thursday 4th 7:45am – 4:00pm
Friday 5th 8:00am – 2:00pm
Saturday 6th 8:00am – 2.15pm

SOCIAL PROGRAM

Wednesday 3rd July 6.00pm to 9.00pm	Welcome Reception (family friendly evening) <i>il lido waterfront kitchen</i> <i>Darwin Waterfront Precinct</i>
Thursday 4th July 6.00pm to 9.00pm	Crococaurus Cove (family friendly evening) <i>58 Mitchell Street (A short 10 minute walk from the Vibe and Medina)</i>
Friday 5th July 2.15pm to 4.15pm	Darwin Harbour Cruise (family friendly afternoon) Departs Darwin Jetty
Friday 5th July 6.30pm to 11.00pm	M*A*S*H Party <i>Buses depart the Vibe and Adina at 6.30pm for a mystery destination.</i> <i>Dress for a M*A*S*H party as Trapper John McIntyre, Hawkeye Pierce, Frank Burns or Margaret Houlihan or join the fun in the style of the 'Andrews Sisters'.</i>
Saturday 6th July 6.30pm to 11.00pm	ASGO Black Tie Dinner <i>Pee Wees Restaurant</i> <i>Buses depart the Vibe and Adina at 6.30pm and return from 10.30pm</i>

2013 ASGO SCIENTIFIC PROGRAM

Wednesday 3rd July

12.30 – 1.30pm	Registration and Lunch
1.30pm – 2.45pm	Fellows Education Session - Session Chair: Andy Garrett Pathology Presenter: Di Cominos
2.45pm – 3.30pm	Radiation Oncology Presenter: Gerard Adams
3.30pm – 4.00pm	Medical Oncology Presenter: Geraldine Goss
4.00pm – 5.00pm	Mock OSCE and Exam Workshop Presenter: Greg Robertson

Thursday 4th July

7.45am – 8.20am	Trade Exhibition Open
8.20am – 8.30am	Welcome and Opening of Meeting by ASGO President - Session Chair: Alex Crandon
8.30am – 9.30am Sponsored by: Johnson and Johnson	Keynote Presentation Surgical resection of diaphragm disease and En bloc recto sigmoid resection for ovarian cancer Presenter: William A. Cliby, MD, Mayo Clinic
9.30am – 10.10am	Infectious Diseases at the Frontier Presenter: Bart Currie, Darwin
10:10am – 10:20am	Discussion and Questions
10.20am – 10.50am	Morning Tea and Trade Exhibition
10.50am – 11.20am	EIN: What is it and is it any better than the current classification - Session Chair: Amy Tang Presenter: Peter Nguyen, Melbourne
11.20am – 12.30pm Sponsored by: Janssen	Fellows Presentations Archana Rao – Venous thromboembolism (VTE) prophylaxis in patients undergoing surgery for gynaecological malignancy – a survey of current practice of Certified Gynaecologic Oncologists (CGO's) in Australia and New Zealand Adam Pendlebury - Incisional hernias in women of reproductive age Nisha Jagasia - Survival and patterns of recurrence after radiotherapy for isolated nodal and non-nodal recurrences of Epithelial Ovarian Cancer Tony Richards - Complex vulval defects- A single institutional experience of a novel reconstructive technique; The Singapore flap Michelle Harris – Stage IIIC endometrial cancer - standard pelvic radiotherapy or extended field?
12.30pm – 1.30pm	Lunch and Trade Exhibition
1.30pm – 3.30pm Sponsored by: Roche	Free Communications - Session Chair: Naven Chetty Penny Blomfield – After TRIPOD, are we still using intraperitoneal chemotherapy? A survey of Australian practice Donal Brennan – Serum HE4 as a Prognostic and Predictive Marker in Endometrial Cancer – a Population Based Study Rhonda Farrell – Stage 1B2 Cervical Cancer: Primary Surgical Management with tailored adjuvant chemoradiation Kailash Nararyan – Tumor control, late toxicities, and survival in locally advanced cervix cancer patients treated by conformal high-dose-rate (HDRc) brachytherapy as a part of curative radiotherapy Peter Sykes – Gynaecological Cancer Services In New Zealand. Where are we and where are we going? Monika Janda – Cost effectiveness of Total Laparoscopic Hysterectomy compared to Total Abdominal Hysterectomy: Results from the randomised LACE trial Andreas Obermair – Analgesic requirements and surgical outcomes in patients with and without epidural analgesia in early Endometrial Cancer: results from the randomised LACE trial. Peter Sykes – Supporting Gynaecological cancer management in the pacific & Lymphadectomy Trial Update Pongkasem Worasethsin – Total laparoscopic radical hysterectomy for early stage cervical cancer
3.30pm – 4.00pm	Trade Exhibition and Afternoon Tea

** Please note this program is subject to change without notification**

Friday 5th July

8.00am – 8.30am	Trade Exhibition Open
8.30am – 9.00am <i>Sponsored by: Sanofi</i>	Keynote Address - Session Chair: Andreas Obermair Quality Improvement in Gynaecologic Surgery Presenter: William A. Cliby, MD, Mayo Clinic
9.00am – 09.40am <i>Sponsored by: Hologic</i>	Informed Consent for Major Gynaecologic Oncology Surgery Presenter: Les McCrimmon from William Forster Chambers, Darwin
09:40am – 10:40am	Trainee Presentations Andreas Hackethal – An advanced instrument for intraoperative documentation of ovarian cancer: the ovarian Peritoneal Cancer Index (oPCI) Donal Brenan – The Potential Role of Statins in the Treatment of Ovarian Cancer Murad Al Aker - Preoperative use of Gabapentin as an adjuvant for postoperative analgesia in women undergoing Laparotomy for treatment of malignant or suspected malignant Gynecologic diseases Yvette Ius - A Retrospective Review of the Role of Vaginal Smears in the Diagnosis of Recurrent Endometrial Cancers including cost benefit analysis Helen Green - Vaginal vault recurrence in endometrial cancer: treatment options and outcomes
10.40am – 11.10am	Morning Tea and Trade Exhibition
11.10am – 1.00pm <i>Sponsored by: GateHealthcare</i>	Trainee Presentations - Session Chair: Piksi Singh Rashi Kalra - The role of surveillance PET in patient selection for salvage hysterectomy Nirmala Kampan - Outcome of molar pregnancies in Malaysia: a tertiary centre experience Shilpa Narula - Adjuvant Radiotherapy of Intermediate-High Risk Endometrial Cancer; where less is more Shina Oranratanaphan - Characteristic and treatment outcome of the patients who had malignant transformation arising from mature cystic teratoma of the ovary in King Chulalongkorn Memorial Hospital Jina Rhou - Direct hospital cost of total laparoscopic hysterectomy compared to fast track open hysterectomy at a tertiary hospital. A case controlled study Suzanne Stainer - Reporting Outcomes from Endometrial Cancer Follow Up; Endometrial Cancer Recurrence, Mortality and Cardiovascular Death RamaishThangamani - Achieving "no residual disease" at surgery for newly diagnosed ovarian cancer Vanessa Hughes – Is hormone receptor status in primary Ovarian cancer a reliable predictor of receptor status in recurrent disease? Rachel O'Sullivan - An evaluation of Gestational Trophoblastic Disease in the Hunter New England Area over the last 15 years.
1:00pm – 2:00pm	Lunch and Trade Exhibition

Saturday 6th July

8.00am – 9.00am	Trade Exhibition Open
8.00am - 09:00am	Breakfast Session Investigators Meeting A Phase II Randomised Clinical Trial of Mirena® ± Metformin ± Weight Loss in Patients with Early Stage Cancer of the Endometrium Presenters: Kristy Mann, NHMRC Clinical Trials Centre, Sydney, Andreas Obermair, Monika Janda
9.00am – 10.30am <i>Sponsored by: Olympus</i>	ASGO DEBATE – Session Chair: Jim Nicklin Para aortic lymphadenectomy should be a routine part of staging for endometrial cancer Supporting: Orla McNally, William Cliby, Tom Manolitsas Against: Bryony Simcock, Russell Land, Greg Robertson
10.30am – 11.00am	Morning Tea and Trade Exhibition
11.00am – 12.30pm <i>Sponsored by: Device Technologies</i>	Surgeons Corner & Tumour Board – Session Chair: Russell Land Andreas Hackethal – Considerations for safe and effective Gynaecological Laparoscopic Surgery in obese cancer patients Cindy Pang – Radical Modified hysterectomy, pelvic lymphadenectomy using ligasure - the modified PUNE technique Cindy Pang – A Port in the Storm - an innovative use of laparoscopy in an unusual case of uterine rupture
12.30pm – 1.30pm	Lunch and Trade Exhibition
1.30pm – 2.15pm	ASCO Update – Session Chair: Marcelo Nascimento Presenter: Michael Frielander
2.15pm – 4:45pm	ASGO AGM

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Thursday 4th July, 2013

Fellows Presentations

Time: 11.20am – 12.30pm

Abstract: Venous thromboembolism (VTE) prophylaxis in patients undergoing surgery for gynaecological malignancy – a survey of current practice of Certified Gynaecological Oncologists (CGO's) in Australia and New Zealand.

Presenter: Archana Rao

Authors: Archana Rao¹, Jonathan Carter²

Aims: To document the current practice of CGO's with regards to VTE prophylaxis for patients undergoing surgery for gynaecologic malignancy.

Methods: Current practicing CGO's were identified from the Australian Society of Gynaecologic Oncologists database, and invited to participate in an on-line survey regarding their current practice with regards to the prevention of VTE in patients undergoing surgery for gynaecological malignancy. Institutional ethics approval was obtained for conduct of the research.

Results: A total of 30 CGO's participated in the survey. Results demonstrate that a range of methods is used for VTE prophylaxis including compression stockings, pneumatic calf compression devices, and pharmacological prophylaxis. We present details of various methods, including timing of initiation and duration of use, risk stratification factors, and a comparison of VTE prophylaxis for patients undergoing laparotomy vs laparoscopy.

Conclusions: VTE prophylaxis is widely used amongst CGO's. Variations exist with regards to methods and timing of prophylaxis, and according to the type of surgery being performed. This survey provides guidance for possible future research in this area.

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Abstract: Incisional hernias in women of reproductive age

Presenter: Dr Adam Pendlebury

Authors: Adam Pendlebury^{1,2}, Sumudu Samarasekara², Julie Lamont^{1,2}

Incisional hernias are a known late complication of abdominal surgery. Surgery to repair these defects is often performed months or years following the original operation. Frequently, these hernias are not repaired by the original surgeon. The original surgeon may not be aware that this complication has occurred. The absolute incidence of incisional hernia in gynaecological surgery is not known. In this study, all incisional hernias repaired at a major metropolitan tertiary hospital in a five year period were reviewed. 92 cases were identified. The majority of incisional were associated with obstetric and gynaecological surgery. An analysis of comorbidities, incision type, size of defect and specifics of repair will be presented. An analysis of these cases will provide insight into possible strategies for incisional hernia prevention.

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Abstract: Survival and patterns of recurrence after radiotherapy for isolated nodal and non-nodal recurrences of Epithelial Ovarian Cancer

Presenter: Dr Nisha Jagasia

Authors: Nisha Jagasia¹, Orla McNally¹, Deborah Neesham¹, Michael Quinn¹ David Bernshaw², Pearly Khaw² and Kailash Narayan²

The use of tamoxifen and progestagens is based on the observed expression of their corresponding receptors in epithelial and stromal ovarian cancers. Response rates of 15-20% have been reported in uncontrolled series when tamoxifen is used in recurrences of well differentiated ovarian cancers. This rate is variable, likely due to the heterogeneity of the women treated.

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REFERENCES: 1. Pujade-Lauraine E et al. *J Clin Oncol* 2010;28(20):3323-3329. Janssen Pty Ltd. ABN 47 000 129 975, 1-5 Khartoum Road, Macquarie Park NSW 2113, Australia. PO Box 9222, Newmarket, Auckland, New Zealand. CAELYX[®] is a registered trademark of ALZA CORPORATION, used under license. Date of preparation: May 2013 JANS0663/EMBC AU-CAE0027



Abstract: Stage IIIC endometrial cancer - standard pelvic radiotherapy or extended field

Presenter: Dr Michelle Harris

Harris M, Thompson SR, Ng C, Vinod S, Jackson M, Robertson G, Farrell R and Hacker NF
Gynaecological Cancer Centre, Royal Hospital for Women, Randwick, New South Wales, Australia
Department of Radiation Oncology, Prince of Wales Hospital, Randwick, New South Wales, Australia
Cancer Therapy Centre, Liverpool Hospital, Liverpool, New South Wales, Australia
Prince of Wales Clinical School, University of New South Wales, Randwick, Australia
School of Women's and Children's Health, University of New South Wales, Randwick, Australia

Endometrial cancer patients with positive pelvic lymph nodes have a 50% risk of involved para-aortic nodes, according to surgical staging studies. A more recent study suggests that the risk of occult para-aortic lymph node metastases may be closer to 70% with ultrastaging. Some authors advocate a systematic para-aortic lymphadenectomy for all high risk patients. Resection of any enlarged nodes with adjuvant extended field radiotherapy is another approach in the management of para-aortic nodes in endometrial cancer. This approach aims to decrease the potential significant morbidity associated with systematic para-aortic lymphadenectomy in patients who are often elderly and obese. When treated with extended field radiation therapy, approximately 40% of patients with positive para-aortic nodes may be expected to achieve long-term disease-free survival.

We have looked retrospectively at all cases of Stage IIIC endometrioid endometrial cancer, treated with at least hysterectomy, bilateral salpingo-oophorectomy, and pelvic lymph node sampling, followed by adjuvant radiotherapy, in two centres over a fifteen year period. The two sites take a different approach to adjuvant therapy in this situation, with one preferring standard pelvic radiotherapy and the other extended field. Fifty-four cases were identified and reviewed – 34 patients received standard adjuvant pelvic radiotherapy, while 20 received extended field. An outcome comparison is made between the two patient groups. Pattern of recurrence, late toxicity, disease-free and overall survival, are considered.

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Thursday 4th July, 2013

Free Communications

Time: 1.30pm – 3.30pm

Session Chair: Naven Chetty

Abstract: After TRIPOD, are we still using intraperitoneal chemotherapy? A survey of Australian practice

Presenter: Dr Penny Blomfield

Authors: A Brand¹, P Blomfield², H Cahill³, M Friedlander⁴

BACKGROUND: Intraperitoneal (IP) chemotherapy has been reported to be superior to standard IV chemotherapy for the treatment of advanced epithelial ovarian cancer (EOC) in three randomised controlled trials. The ANZGOG TRIPOD study was a phase 2 trial designed to assess the feasibility of administration of IP chemotherapy in the Australian/New Zealand setting.

OBJECTIVE: To determine the uptake of IP chemotherapy post TRIPOD in Australia.

METHODS: An email survey was sent to the head of each gynaecological oncology unit (n=14) in Australia and to the corresponding lead medical oncologists. The survey asked about use of IP chemotherapy in patients with optimally debulked EOC, any concerns about IP chemotherapy, reasons it was not used and what alternative chemotherapy regimens were used. A follow-up email and/or telephone call was made 4 weeks later.

RESULTS: Response rate was 83%, with 3 incomplete responses. Half the centres recommended IP chemotherapy to optimally cytoreduced patients. The most common reasons stated for not offering it routinely included concerns regarding toxicity for individual patients and logistical reasons. The TRIPOD protocol was used almost exclusively. For those units who were not using IP chemotherapy, the most common reasons stated were that they were not convinced about its superiority, not set up for IP chemotherapy or that dose dense chemotherapy was a better alternative.

CONCLUSIONS: IP chemotherapy in Australia is offered in half the gynaecological cancer centres. Concerns remain regarding toxicity and logistics, even amongst those who use it on a regular basis.

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Abstract: Analgesic requirements and surgical outcomes in patients with and without epidural analgesia in early Endometrial Cancer: results from the randomised LACE trial

Presenter: Andreas Obermair

Authors: Jannah Baker, Monika Janda, David Belavy, Andreas Obermair

Objectives: Women with early stage endometrial cancer in Australia require either total laparoscopic hysterectomy (TLH) or total abdominal hysterectomy (TAH) as primary treatment. Within a randomised trial, this study compared post-operative analgesic requirements between the two treatment arms and the risk of surgical complications in patients who had a TAH with and without epidural analgesia.

Methods: Between 2005 and 2010, 760 patients were enrolled in an international, multicentre, prospective randomised trial (LACE) comparing TLH or TAH for treatment of apparent stage I endometrial cancer. Postoperative epidural, opioid and non-opioid analgesic requirements were collected until ten months after surgery and compared between the treatment arms. We also conducted a subgroup analysis in patients who had a TAH through a vertical midline incision and compared outcomes of patients who had and who did not receive epidural analgesia.

Results: Baseline demographics and analgesic use were comparable between treatment arms. TAH patients (n=353) were more likely to receive epidural analgesia (33% vs 0.5%, p<0.001) than TLH (n=407) patients during the early postoperative phase. Although opioid use was comparable in the TAH vs TLH groups during postoperative 0-2 days (99.7% vs 98.5%, p 0.09), a significantly higher proportion of TAH patients required opioids at 3-5 days (70% vs 22%, p<0.0001), 6-14 days (35% vs 15%, p<0.0001), and 15-60 days (15% vs 9%, p 0.02) post-surgery. Opioid use was comparable at 61-150 days (6% vs 6%, p 0.98) and 151-310 days (3% vs 3%, p 0.78) post-surgery. Mean pain scores were significantly higher in the TAH versus TLH group one (2.48 vs 1.62, p<0.0001) and four weeks (0.89 vs 0.63, p 0.01) following surgery.

In the subgroup of patients who had a TAH through a vertical midline incision, those who received an epidural required opioid analgesia for longer compared to patients who did not have an epidural. Postoperative complications (any grade) occurred in 86% of patients with and 66% without an epidural (p<0.01). Epidural analgesia was associated with increased length of stay without any difference in postoperative quality of life up to six months after surgery.

Conclusion: Treatment of early stage endometrial cancer with TLH is associated with less frequent use of epidural analgesia, lower post-operative opioid requirements and better pain levels than TAH. Epidural analgesia may be associated with increased postoperative complications and length of stay after abdominal hysterectomy.

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REFERENCE: 1. GARDASIL® Approved Product Information, December 2011. bioCSL (Australia) Pty Ltd, ABN 66 120 398 067, 63 Poplar Road, Parkville VIC 3052, distributor for Merck Sharp & Dohme (Australia) Pty Ltd. bioCSL™ is a trademark of CSL Limited. © GARDASIL is a registered trademark of Merck & Co., Inc., Whitehouse Station, NJ, USA. Medical Information: 1800 642 865. Date of preparation: May 2013. 11092. DC5893.

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Abstract: Preoperative use of Gabapentin as an adjuvant for postoperative analgesia in women undergoing Laparotomy for treatment of malignant or suspected malignant Gynaecologic diseases.

Presenter: Murad Al Aker

Authors: Murad Al-Aker 1, Selvan Pather 1, Stephen Gibson 2, Jonathan Carter 1

Background : Gabapentin is an anticonvulsant that has postoperative analgesic effect. Numerous RCT's has shown that the use of perioperative Gabapentin produced better post-operative analgesia and rescue analgesics sparing compared placebo. It was introduced as a component of the Fast Track Surgery (FST) program at Royal Prince Alfred Hospital in September 2012. **Objectives:** Data was collected to evaluate the effect of Gabapentin as an adjuvant to perioperative analgesia on the postoperative pain and morphine consumption and report potential side effects.

Material and Methods : From September 2012 to March 2013, 60 consecutive patients including patients underwent laparotomy for the diagnosis, treatment, and management of gynaecologic/oncologic diseases at a single institution (Royal Prince Alfred Hospital). All patients were followed our Fast Surgery Track (FST) protocol, which included a single dose of Gabapentin 1-2 hours prior to surgery . 48 patients received 900 mgs of Gabapentin, 5 patients didn't receive Gabapentin as per protocol and 7 patients received 600mg's following a Protocol change on March 2013. Data collected included visual pain assessment, overall opioid consumption (opioids used in this study were converted to equi-analgesic morphine equivalent (ME) doses based on the following conversion scale: 100:1 for fentanyl, 1:10 for tramadol, and 1:1.5 for oxycodone), sedation score, narcotic side effects and length of stay. A control group was extracted from medical records of 50 patients underwent Laparotomy before the introduction of Gabapentin.

Results : There was significant reduction in opioid consumption intra-operatively, which was 28.1 mg's (ME) in the Gabapentin group and 56.2 mg's (ME) in the non Gabapentin group and as a total postoperatively between the Gabapentin group 54.4 mg's (ME) and the non Gabapentin group 89.0 mg's (ME) . Pain scores were not statistically different, but there was significant increase in sedation score at 0 and 2 hours postoperatively in the Gabapentin group, 3 patients suffered from significant sedation in the 900mg's Gabapentin group, 2 of them necessitated respiratory monitoring in ICU. The overall length of stay was comparable with 2 patients in the Gabapentin group were discharged home on day 1 postoperatively after meeting the discharge criteria.

Conclusion : Single dose of Gabapentin 1-2 hours prior to surgery significantly decrease the use of postoperative opioids . The proper dose of Gabapentin to be used need further investigation, A 900 mgs dose was associated with significant risk of postoperative sedation and respiratory depression. A 600mgs dose is likely to have fewer side effects

Keywords: Gabapentin, Laparotomy, Gynecologic oncology , Opioids consumption.

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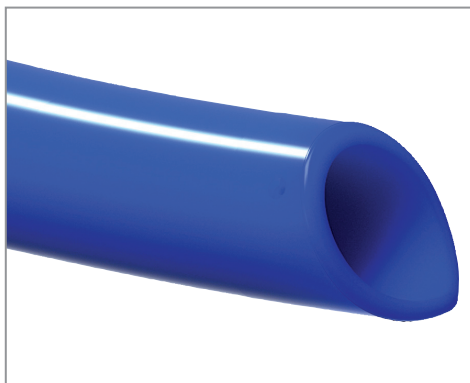


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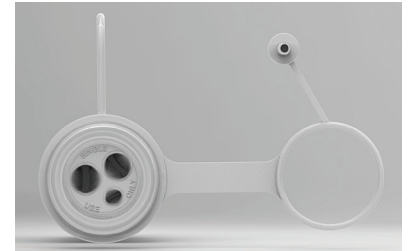
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Abstract: Achieving “no residual disease” at surgery for newly diagnosed ovarian cancer’

Presenter: Ramaish Thangamani

Authors: Ramaish Thangamani, Nisha Jagasia, Deborah Neesham, Michal Quinn, Orla McNally

Background

The prognosis for women with ovarian cancer is directly related to the amount of disease that is left at the end of surgery, often referred to as ‘debulking’ surgery. The rate limiting factor in achieving an ‘optimal debulk’ is usually disease left in the upper abdomen, particularly on the diaphragms. Many Gynae-oncology units have developed teams to work in the upper abdomen as a result. A recent EORTC study has shown that where optimal debulking is unlikely to be possible upfront, giving neoadjuvant chemotherapy does not compromise outcome in terms of survival and indeed appears to be associated with less morbidity.

The aims of this audit are to evaluate amount of disease that is left at the end of surgery in ovarian cancer treated with primary surgery or neoadjuvant chemotherapy, and to analyze outcome and barriers to the treatment.

Methods

Between January 2009 and December 2012, 286 patients with stage I – IV ovarian cancer underwent treatment at the Gynae-oncology unit of The Royal Women’s Hospital. Primary surgery was performed when complete cytoreduction was considered feasible, while the other patients received neoadjuvant chemotherapy followed by interval debulking surgery.

Results

A previous audit in this unit suggested that one woman presenting to the oncology unit each month would have benefitted from an attempt at optimal cytoreduction

Following a larger 4 year review we have found that more patients were treated with primary surgery (n=249) while (n=37) patients received neoadjuvant chemotherapy. In patients treated with primary surgery, complete cytoreduction was achieved in 74% of patients, and 26 % had residual tumour of sizes ≤ 5 mm(10%), 5-15mm(4%), > 15 mm (12%).

Conclusion

Achieving ‘no residual disease’ is a challenging goal which we are aiming for. We present results of an expanded audit in order to identify barriers to achieving “no residual disease” at surgery. We also explore the resource implications for providing such a service.

Notes: _____

Saturday 6th July, 2013

ASGO DEBATE

That para aortic lymphadenectomy should be a routine part of staging for endometrial cancer

Time: 9.00am – 10.30am

Session Chair: Jim Nicklin

Supporting: Orla McNally, William Cliby, Tom Manolitsas

Against: Bryony Simcock, Russell Land, Greg Robertson

Notes: _____

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Saturday 6th July, 2013

**Surgeons Corner & Tumour Board – Best Presentation will be awarded the Tony McCartney
Surgical Innovation Prize**

Time: 11.00am – 12.30pm

Presenters: Andreas Hackethal, Cindy Pang

Session Chair: Russell Land

Abstract: Considerations for safe and effective Gynaecological Laparoscopic Surgery in obese cancer patients

Presenter: Dr Andreas Hackethal

Authors: Andreas Hackethal, Donal Brennan, Archana Rao, Russell Land, Andrea Garrett, Alex Crandon, Lew Perrin, Jim Nicklin, Andreas Obermair, Naven Chetty

Background

The number of obese and morbidly obese patients with gynaecologic cancers is dramatically increasing within the last 20 years. Apart from demographical changes, obese patients are especially prone to have estrogen dependent neoplasias, of which laparoscopic treatment should be the standard of care. The increasing number of patients with BMI>40 is concerning, making it necessary to summarise considerations for safe and effective Gynaecological Laparoscopic Surgery.

Considerations

The sequel to successful laparoscopic surgery in obese patients compromises an interdisciplinary appreciation of laparoscopy. Successful laparoscopic surgery in the obese patients requires a multidisciplinary approach. Preoperatively, anaesthetics and medical review is suggested to optimise treatment of comorbidities (i.e. infections and blood sugar levels), and reduce complications. Bowel preparation allowing for decompression of the recto-sigmoid is important to improve pelvic exposure.

Bariatric operating table, strips, instruments and standing platforms adds to safety of the procedure for the patient, as well as minimising injury to staff.

Positioning of the patient should consider anti-slip options and pannus fixation to ease laparoscopic access and decrease pressure to the chest. Reducing thoracic pressure is vital to allow safe ventilation pressures and thereby allows for appropriate Trendelenburg position- as pelvic laparoscopy is not possible without a 'head down' position.

There is no standard port placement in obesity laparoscopy, landmarks have to be the bony structures of the pelvis and ribs. Care should be taken to position ports towards the pelvis, so the that surgeon does not have to push against the port in order to direct an instrument toward the pelvis. Retraction of the bowel is essential and mobilisation of the sigmoid with dissection of the sigmoid reflection, fan retractors or endoloops can accomplish adequate vision. 30° scopes can be considered for vision „around the obstacle“. An experienced assistant with anticipation of surgical steps is favourable for successful surgery completion.

Intraoperatively, good surgical techniques are essential. Vessel sealing systems reduce the need for instrument changes and may be helpful in following visualised tissue planes. A transvaginal vault closure may be advantageous compared to laparoscopic closure and Endostiches may be preferred to close the fascia of large trocar sites under vision.

Abstract: Radical Modified hysterectomy, pelvic lymphadenectomy using ligasure – the modified PUNE technique

Presenter: Cindy Pang

We performed a radical modified hysterectomy, pelvic lymphadenectomy for a patient with stage 1B1 perivascular epithelioid cell tumor (PEComa) of the uterine cervix. The highlights of our technique include dissection of the pararectal space and retrovaginal space the start of the surgery for ureterolysis and ligation of the uterine artery, as well as the use of ligasure (Covidien) for blunt dissection of the spaces and ureteric tunnels.

Notes: _____

Abstract: A Port in the Storm - an innovative use of laparoscopy in an unusual case of uterine rupture

Presenter: Cindy Pang

Authors: Dr Cindy Pang MBBS MRCOG, Dr Stephen Lee MBBS (Melb) MBA FRANZCOG, Dr Jason Tan MBBS FRANZCOG CGO

This video presentation demonstrates the surgical technique employed to reattach the uterus and cervix to the vagina followed by the repair of the significant uterine rupture via a laparoscopic approach with the novel application of everyday surgical tools.

The 30 year old had undergone an urgent ventouse extraction for prolonged fetal bradycardia in the second stage of labour.

Immediately following delivery, fatty tissue was extruded through the vagina. Bimanual examination revealed a large anterior full thickness uterovaginal tear with communication with the peritoneal cavity. As the patient was clinically stable, a decision was made to perform a diagnostic laparoscopy to assess the injury.

Findings were of a detached uterus from the vagina with narrow intact vagina posteriorly, as well as this a longitudinal midline uterine rupture extending toward the uterine fundus was also observed.

Due to the minimally invasive surgical approach, the patient underwent an uncomplicated postoperative recovery and was able to be discharged home on day 3 postoperatively.

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